

Patient Instructions for IUD Appointment/Insertion

Please read the following instructions carefully before your appointment:

1. Call to confirm your appointment one week prior. Unconfirmed appointments will be cancelled.
2. If you have been prescribed an IUD by your physician, fill the prescription at your pharmacy ahead of time and bring the IUD to your appointment. The IUD is sterile and should not be opened.
3. Copper IUDs are available for purchase at our clinic.
4. For IUD insertions, take 400mg - 600mg of Ibuprofen 1 hour before your appointment. Arrange for a ride home if you are sensitive to procedures.
5. For IUD insertions, bring a sanitary pad to your appointment.
6. Arrive 10 minutes early with your Care Card and a piece of I.D.
7. Bring a translator if you are not fluent in English.
8. Before your appointment, refer to our website www.theiudclinic.com for additional information about IUDs including pre and post insertion instructions and FAQs.
9. We require 72 hours notice to change or cancel an appointment. Missed appointments or late cancellations are subject to an administrative fee. This fee is to prevent last minute cancellations and changes to our IUD schedule that could impact other patients. The fee needs to be paid before you can rebook your appointment.

Missed IUD Consultation: \$100.00

Missed IUD Insertion/Removal: \$250.00